



ALCOHOL & DRUG PROGRAMS
Ventura County Health Care Agency

Trauma-Informed Care

An Essential Element of Recovery

SAVE THE DATE • SEPTEMBER 28 CONFERENCE • RECOVERY MONTH 2011

“The National Center for Trauma-Informed Care proposes a change to the provider’s thought process from one that asks ‘What’s wrong with you?’ to one that asks ‘What has happened to you?’”
– National Council *Addictions News Now*, April 2011

The Ventura County Behavioral Health Department, with support from the Alcohol and Drug Advisory Board of Ventura County, invites you to join us in celebrating National Recovery Month 2011. Recovery Month spreads the positive message that behavioral health is essential to overall health, that prevention works, treatment is effective and people can and do recover.

This year’s conference, *Trauma-Informed Care: An Essential Element of Recovery*, focuses on offering another way of understanding addictions.

Keynote Speaker: Stephanie S. Covington, Ph.D., L.C.S.W.
Women and Addiction: A Trauma-Informed Approach

8:30 A.M. TO 12:00 P.M. • VENTURA BEACH MARRIOTT
REGISTRATION INFORMATION WILL BE SENT IN AUGUST.